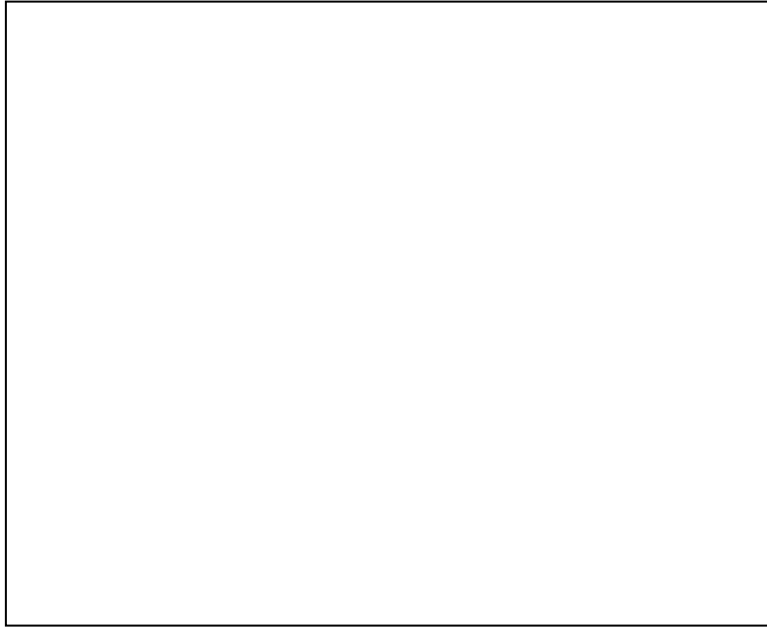


All About Me



Jane

Hi! My name is Jane. I am nine years old
and I am in Mrs. Smith's class with you.

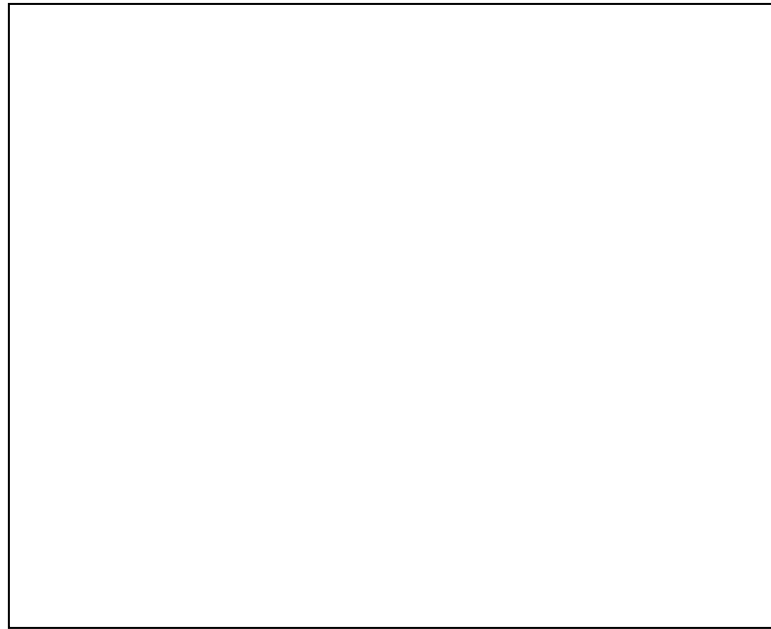


My mom wrote this book to tell you a little bit about me. There are some things about us that are the same and some things that are different.

I live in Glencoe with my Mom, Dad, my guinea pig, and fish.



There are lots of things I love to do! I love swimming, playing board games, riding my bike, and playing soccer.



Do you like to do any of those things?

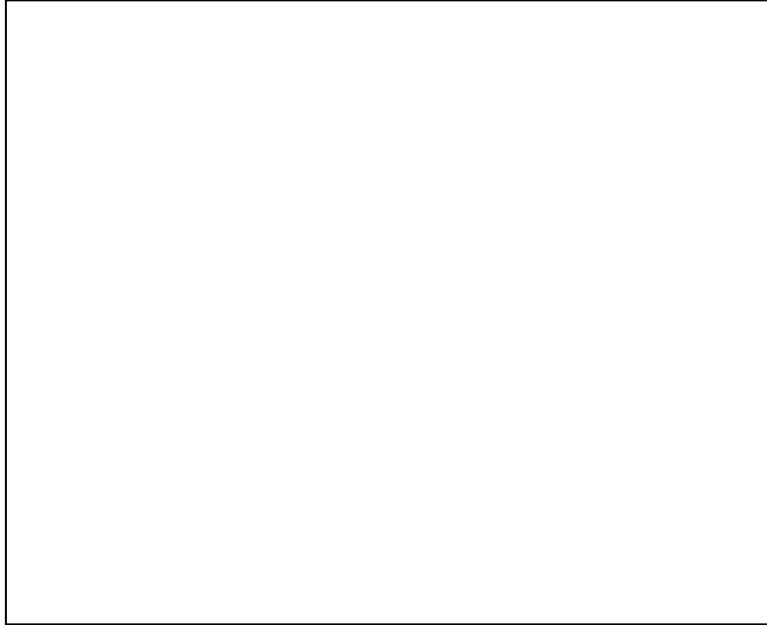
Let me tell you about some of the ways I might be a little different from you so that you will understand if you see me acting differently.

Although I understand your words, I find it difficult to understand what your face and body are saying. For example, if you turn your head away, I may not understand that we have finished talking.

I don't always understand your tone of voice. For example, I may not realize that you sound mad or upset. I may not understand you even though you think you are making yourself clear.

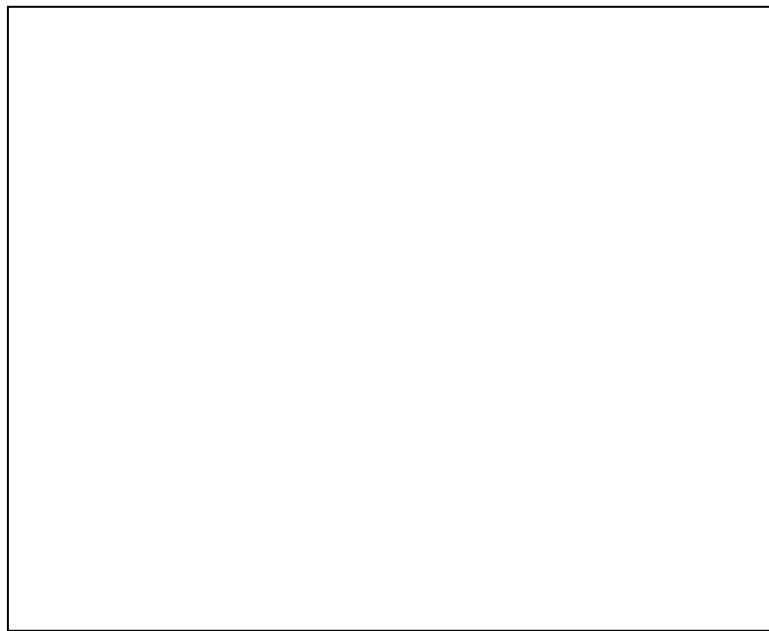
Does this ever happen to you?

Sometimes I talk too much! I can't always tell if I am. I think that you are interested in what I am saying even if you aren't.



Does this ever happen to you?

Sometimes I don't know when "enough is enough." For example, if we are playing a silly game, I may continue when you have lost interest. It may take me a long time to calm down and start a new activity.

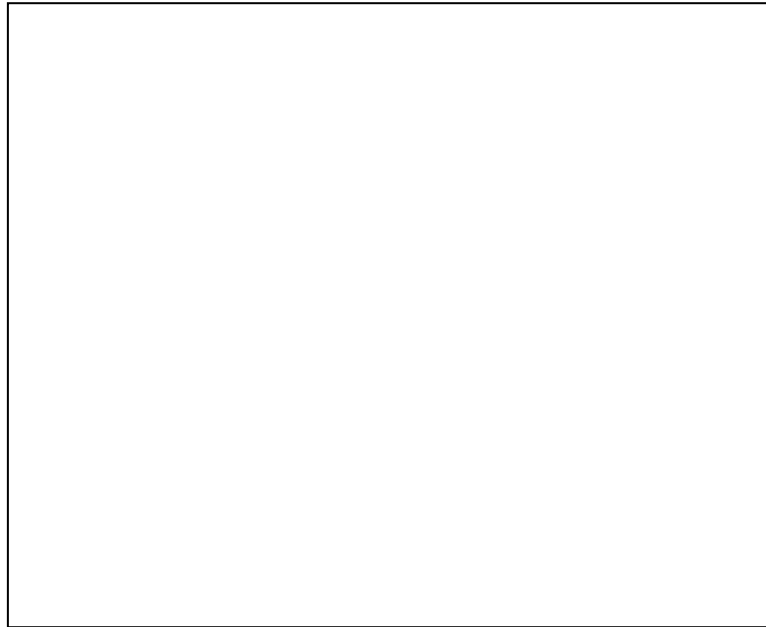


Does this ever happen to you?

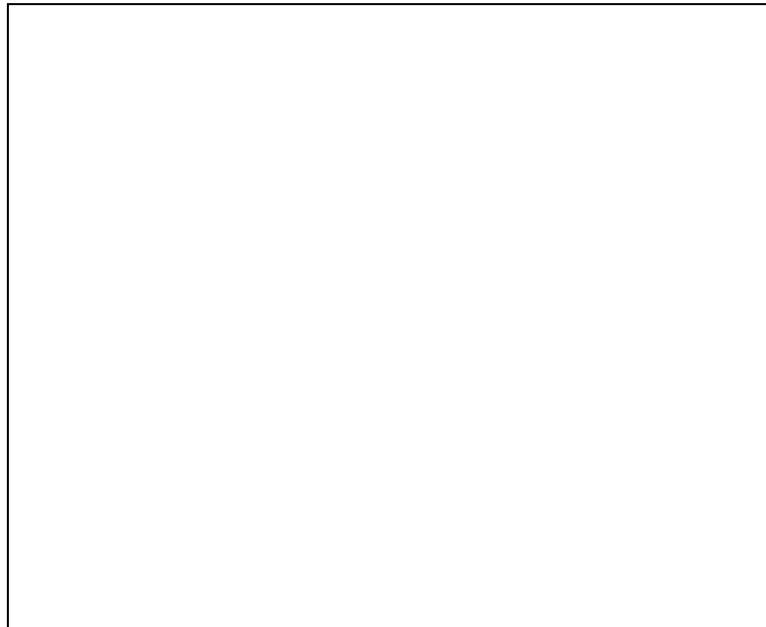
Sometimes if there is a lot of noise, or a lot of people are talking at the same time, I get confused. I can't decide which voice I should listen to. You probably do this without even noticing, but it makes life in a busy classroom very difficult for me. Please don't think I'm being rude if I seem to ignore you.



Lots of noise and busy rooms make me anxious. It's hard to explain why. I also get anxious when I feel excluded from the group. When I get anxious I sometimes act silly. Please be patient. It helps me to feel more comfortable if I see a friendly face. My parents and teachers are helping me to learn ways to deal with my feelings appropriately.

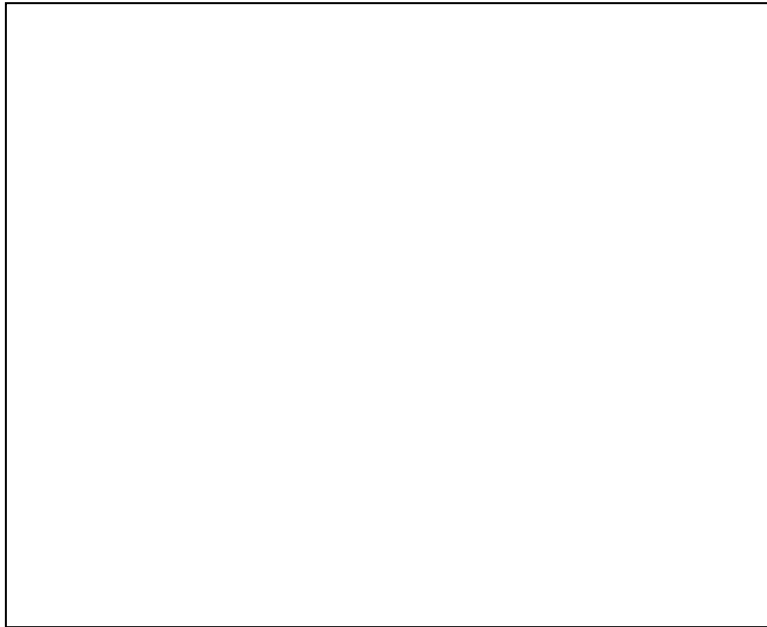


If things get too much for me, I may “check out” and go off by myself for a while. It doesn’t mean that I don’t want to be your friend. I just need a little quiet time.



Do you ever need some quiet time?

You may not always feel like you want to be my *best* friend and that's ok. But, please be friendly and welcoming. You can say "hi" to me when you see me or ask me to play with you. If I feel included, I will feel comfortable. If I feel comfortable, you will see my best side.



You will see what a great friend I can be!

